

臺北市立木柵國民中學112學年度第2學期 7年級 Health Education 課教學進度表

週次	月份	星 期							預定教學進度	備註
		日	一	二	三	四	五	六	內 容	
1	二月	11	12	13	14	15	16	17	Introduction to Health Education 課程介紹	*2/16開學(正式上課)日 *2/17補班補課(補2/15星期四課程)
2		18	19	20	21	22	23	24	Topic: The Dangers of Smoking 認識菸害	*2/19七年級校外教學 *2/19-23 112-1學科補考 *2/21-22九年級第三次複習考
3		25	26	27	28	29	三月1	2	Topic: The Dangers of Drinking Alcohol 認識酒精危害	*2/26 112-1學科補考 *2/28和平紀念日放假 *3/1學校日
4	三月	3	4	5	6	7	8	9	Topic: The Dangers of Betel Nut 認識檳榔危害	*3/4全校第8節課、九年級夜自習、精實班開始
5		10	11	12	13	14	15	16	Topic: Infectious Disease Information Station- Dengue Fever 登革熱	
6		17	18	19	20	21	22	23	Topic: Infectious Disease Information Station- Common Cold 感冒	
7		24	25	26	27	28	29	30	*3/26-27七八年級第一次段考(七八年級第8節暫停)	*3/26-27七八年級第一次段考(七八年級第8節暫停)
8		31	四月1	2	3	4	5	6	Task 1: Worksheet Checking (WS1-WS6) 20% (學校作業抽查: Selective examination)	*4/4兒童節及清明節放假 *4/5調整放假
9	四月	7	8	9	10	11	12	13	Task 2: Group work - Make the Video (分組製作英語健康宣導影片) 20%	*4/11-12九年級段考(九年級第8節暫停)
10		14	15	16	17	18	19	20	Task 2: Group work - Make the Video (分組製作英語健康宣導影片) 20%	*4/17八年級校外教學 *4/16-17九年級第四次複習考
11		21	22	23	24	25	26	27	Topic: Infectious Disease Information Station- Flu A and Flu B 流感	*4/22-25停課 (113年全國中等學校運動會)
12		28	29	30	五月1	2	3	4	Topic: Fight Against Infectious Diseases- Covid-19 嚴重特殊傳染性肺炎	
13	五月	5	6	7	8	9	10	11	Topic: Fight Against Infectious Diseases- Tuberculosis (TB) 肺結核	
14		12	13	14	15	16	17	18	*5/16-17七八年級第二次段考	*5/16-17七八年級第二次段考(七八年級第8節暫停) *5/16九年級第8節課、夜自習結束。 *5/18-19教育會考
15		19	20	21	22	23	24	25	Topic: Medicine Safety Part I 藥物安全 (一)	
16		26	27	28	29	30	31	六月1	Topic: Medicine Safety Part II 藥物安全 (二)	
17	六月	2	3	4	5	6	7	8	Topic: First aid comes- Basic First Aid Practice 急救箱救護	
18		9	10	11	12	13	14	15	Task 3: Worksheet Checking (WS 7-WS 14) 20%	*6/10端午節放假 *6/12畢業典禮
19		16	17	18	19	20	21	22	Task 4: Basic First Aid Test Multiple-choice 40% (個人考試-選擇題)	*6/21七八年級第8節課結束
20		23	24	25	26	27	28	29	*6/26-27七八年級第三次段考	*6/26-27七八年級第三次段考

上課方式：

1. 分組教學
2. 雙語教學
3. 口語英文教學
4. 教師自創學習單
5. ICT教學

評量方法：

Task	Name	Due	Score		Out of
1	Worksheet Checking (WS 1-WS 4)			20	60%
2	Group Making Slides + Oral Presentation (分組簡報+報告)			20	
3	Worksheet Checking (WS 5-WS 11)			20	
4	Individual Test- CPR+AED Practice (個人考試)			40	40%
Final result 期末總成績				100	100%

	Health Education Contents	Useful Expression	OK
1	Introduction of Health Education 課程介紹	Nice to see you	
2	Topic: wonderful life : Natural conception 自然受孕	A bun in the oven	
3	Topic: wonderful life : Artificial conception 人工受孕 (IVF)	Eating For Two	
4	Topic: wonderful life : Pregnant Woman 孕婦	In the family way	
Task 1: Worksheet Checking (WS1-WS6) 20% (學校作業抽查: Selective examination) 20%			
5	Topic: To know the chronic disease Part I : Cancer 癌症	Don't give up	
6	Topic: To know the chronic disease Part II : High Blood Pressure 高血壓	A stroke of luck	
7	Topic: To know the chronic disease Part III : Heart Attack 心臟病	Follow Your Heart	
8	Topic: To know the chronic disease PartI IV : Stroke 中風	I got heat stroke	
9	Topic: To know the chronic disease Part V : Diabetes 糖尿病	A spoonful of sugar	
10	Topic: To know the chronic disease Part VI : Hepatitis 肝炎	Be chopped liver	
Task 2: Group Making Slides + Oral Presentation (分組簡報+報告) 20%			
10	Topic: How to do CPR (Cardiopulmonary Resuscitation) 心肺復甦術	Change of Heart	
11	Topic: How to do AED (Automated External Defibrillator) 自動體外心臟電擊去顫器	I NEED A PHYSICAL	
Task 3: Worksheet Checking (WS 7-WS 12) 20%			
Task 4: Individual Test- CPR + AED Practice (個人考試) 40%			